

1st Annual  
Southeastern  
Eating Disorder  
Conference  
Atlanta, GA

# Reframing Disordered Eating

**A 3-Day Conference  
presenting the  
latest findings about  
the origins and  
treatments of Eating  
Disorders.**

Be a part of the evolution in understanding and treating Eating Disorders. You will hear many of the most current experts in the fields of western, complementary and alternative medicines. These integrative points of view will broaden your acumen about how to best work with Eating Disorders. We invite you to join us for this information-packed weekend, and earn CEU's when you attend.

**COST:**

**3-Day Workshop - \$100 before  
January 10, 2010**

After January 10, 2010 - \$175

**LOCATION:**

The Embassy Suites  
Atlanta "Buckhead"  
3285 Peachtree Road, NE  
Atlanta, GA 30305

**February 11-13, 2010**

**14.5 CEU's offered by NBCC, NAADAC, NASW**



**PRESENTERS:**

**Rebecca Cooper, LMFT, CEDS** - Author of "Diets Don't Work", and many published articles about addiction & eating disorders, and appears on TV, radio and internet.



**Kimberly Dennis, MD** - Medical Director at Timberline Knolls, Kim maintains a holistic perspective in the practice of psychiatry.



**Sue Dieffenbach, RN, MS, CCN** - Developed & coordinates the Holistic Nutrition Program at Casa Palmera.

**Meghan Hahn, RD, LD** - Licensed dietitian/nutritionist, Meghan actively works with clients to *legalize* all foods and to get back in touch with intuitive eating.



**Carolyn Ross, MD** - Consultant at The Ranch, Carolyn is a well-known author, speaker and expert in the field of Eating Disorders and Integrative Medicine.



**Nina Kram Schlachter, DO & Lori Albert-Walker, MSW** - Nina is Program Director for Women's Services & Lori is the Young Adults Clinical Coordinator at Ridgeview.

**Mark Schwartz, sc.D** - Nationally recognized in many clinical areas, including treatment for intimacy disorders, marital and sexual dysfunctions, and eating disorders.



**Nicole Siegfried, PH.D** - Clinical psychologist and Executive Director of Magnolia Creek Treatment Center for Eating Disorders.



**Caroline Smith, MA, LPC, LISAC, CSAT** - Director of family services, and intensive workshops at Pine Grove.

**REGISTRATION:** <https://www.recoveryranch.com/programs/default.asp?page=register&cID=40>

# Conference Schedule & Registration

(Schedule subject to change)

## Thursday, February 11, 2010

- 4:30 to 6:00p Registration  
6:00p Reception in Exhibit Hall  
**7:00-8:30p** **Rebecca Cooper, LMFT, CEDS**  
*"What Part Does Addiction Play in Eating Disorders?"*  
8:30p Optional 12 step meeting

## Friday, February 12, 2010

- 8:30a Welcome and Announcements  
**9:00-10:30a** **Nina Kram Schlachter, DO** and **Lori Albert-Walker, MSW**  
*"Dual Diagnosis in the Treatment of Eating Disorders"*  
10:30a Break (Coffee & juice) in the Exhibit Hall  
**10:45a-12:15p** **Sue Dieffenbach, RN, MS, CCN**  
*"Implementing a Holistic Nutrition Approach for the Treatment of Eating Disorders"*  
12:15p Lunch  
12:30p Break in Exhibit Hall  
**1:30-3:30p** **Carolyn Ross, MD**  
Consulting with The Ranch.  
*"Approaches to Treatment with the Binge-Eating Disorder Client"*  
3:00p Break in Exhibit Hall  
(Cookie Break with Tea and Lemonade)  
**3:45-5:15p** **Kim Dennis, MD**  
*"The Use of Mutual Support Groups in Treating Women with Eating Disorders"*  
4:45p Break  
5:00p Optional 12 step meeting  
6:00p Dinner on your own

## Saturday, February 13, 2010

- 8:00a Coffee in Exhibit Hall  
**8:30-10:30a** **Mark Schwartz, sc.D**  
*"Facilitating the Uncovering of Self: The Core of Eating Disorder Work"*  
10:30a Break  
(Coffee & juice) in the exhibit Hall  
**10:45a-12:15p** **Caroline Smith, MA, LPC, LISAC, CSAT**  
*"Dangerous Hunger: Sex, Food, and Compulsivity"*  
12:30p Lunch  
**1:30-3:00p** **Nicole Siegfried, PHD**  
*"Sustaining a Lasting Recovery from an Eating Disorder"*  
3:00p Break in Exhibit Hall  
(Cookie Break with Tea and Lemonade)  
**3:15-4:45p** **Megan Hahn, RD, LD**  
*"The Road to Intuitive Eating"*  
4:45p CEU awards —  
End of Conference.



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Register on-line, or send check payable to: "Hyde Park Counseling", and mail to: Hyde Park Counseling Center, 207 W. Verne St., Tampa, FL 33606. (Attn: Fern Hill, C.E.O. & in memo add: Southeastern Eating Disorder Conference)

**ROOM RESERVATIONS:** Embassy Suites, 3285 Peachtree Road, N.E., Atlanta, GA 30305 Phone: (404) 261.7733 Please book your rooms early at the rate of \$ 129.00, the block of rooms will be released on 1/29/2010. Code: Southeastern Ed Conference.

**CANCELLATION POLICY:** All refund requests must be in writing and received no later than 5:00 p.m. CST, January 8, 2010. A \$25 administrative fee will be charged for cancellations. No refunds after January 8, 2010. We reserve the right to offer qualified substitute

presenters as needed. Every effort will be made to notify registrants of changes. Send cancellations to: Monnie Furlong, PO Box 38, Nunnally, TN 37137.

### SPONSORS:

